

## **Friday March 8, 2019**

4:00pm – REFEREE CLINIC

4:00pm - 7:00pm WEIGH IN / CREDENTIALS PICKUP

## **Saturday March 9, 2019**

7:00am JUDGES MEETING

7:00am DOORS OPEN

8:00am OLYMPIC SPARRING

11:30am ALL BREAKING

12:00pm WEAPONS FORMS

12:15pm LUNCH

1:30pm BLASTER PADS

2:00pm TRADITIONAL FORMS

2:30pm CREATIVE FORMS

3:00pm POINT SPARRING